









**Publications** 



Mental Health



Impact in its 5 Years



Towns/Villages





Group Events Organised





Female Individuals Reached Through **Group Events** 



Male Individuals **Reached Through Group Events** 





www.nestlamka.com

**BANK AC NAME:** 

**NEST** 

BANK AC NUMBER: 38553919716

IFSC:

SBIN0006182

PAN:

AAFAN0439A

80G:

AAFAN0439AF20221

**AAFAN0439AE20221** 

**CSR 1:** 

CSR00058940

**DARPAN UNIQUE ID:** 

MN/2019/0235578

REGISTRATION:

Reg. No. 15 of 2019 under Manipur Societies **Registration Act 1989** 

## **DONATE**



Every Donation counts, be a part of our Journey

# Hatching Ideas, Nurturing Lives, Sustainable Futures





NEST

ORGANISATION BROCHURE



JC Park, Bungmual, Lamka, Churachandpur District, Manipur 795006

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### **ABOUT NEST**

Nest is a homegrown, community owned, non-profit organisation founded as a youth group in 2017 and registered in 2019 under the Manipur Societies Registration Act 1989. It is a youth led Organization governed by an 11 member Governing Board elected every three years.

#### THE ESSENCE OF NEST

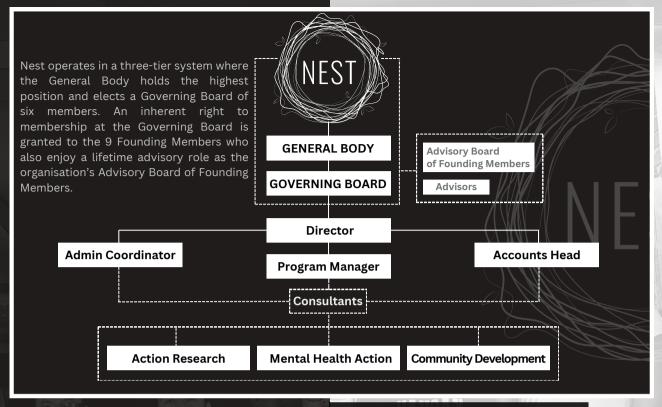
Nest aims to develop a healthy space where each individual can hone their skills, nurture their dreams and pursue their aspirations while playing their part in building resilient and sustainable communities.

#### OUR VISION

NEST is committed to the vision of initiating positive social transformation through innovative interventions and facilitating the development of an environment where each individual gets to live life to its fullest in a peaceful, harmonious, equal opportunity setting.

#### **OUR MISSION**

To promote youth-led initiatives towards empowering individuals and communities. Provide an enabling platform for young people to rise to the best of their potentials.



#### **ACTION RESEARCH**

Building sustainable development through action based research.

- 1. Voluntary/Self-funded Studies:
- Lamka Suicide survey.
- A study on the impact of Covid 19 Pandemic on Youth: Their Thoughts and Aspirations.
- Study of Manipur humanitarian crisis 2023 and impact on health care in Lamka.
- 2. Funded Research Projects with
- Dr. Samrat Sinha, Professor, OP Jindal Global University, and, Peace Centre Nagaland.
- Dr. Roluahpuia, Assitant Professor, India Institute of Technology, Roorkee.

#### MENTAL HEALTH ACTION

- Action research
- Nest Mental Health Action
- Suicide Prevention and Rehabilitation Support
- Mental Health Awareness

#### COMMUNITY DEVELOPMENT

- 1. Livelihood:
- Springshed based watershed development program under NABARD.
- SHG- Promoting women empowerment and economic upliftment.
- 2. SDG Campaign- Popularise and promoting sustainable development goals.
- 3. Nest Humanitarian Support:
- Voluntary based youth intervention for Relief and Rehabilitation support to people in need.
- 4. Youth Development and empowerment programs.

