

DISTRICT HOSPITAL

Department of Psychiatry
– Consult for Psychiatric Services

HOPE (UN AGENCY)

Address: Hopelane, K. Muolluom, S.Muolcham Village, Tuibuong
+91 9366734250

Contact No: +91 9366734250

Counsellors: George KJ Samte
(MA Social Work in Mental Health, TISS, Mumbai, 2016)

Services:

- Psycho-Therapy
- Behaviour Modification Therapy
- Cognitive Therapy
- Art therapy (for children) and Dance Movement Therapy (DMT) (Certified by Vrije Universiteiry Amsterdam, Balm, TISS)
- Cognitive Behaviours Therapy
- Psychodynamic Therapy
- Congnative-Behavioural Therapy
- Dialectical Behaviour Therapy.
- Interpersonal Therapy.

Fees: Per sessions; ₹1000/- per individual. DMT, Art Therapy ₹1500/- per session because it involves material procurement during the session.

LAINAT MINISTRY

Address: Lailam Veng, Central Lamka
Contact No: +91 8119041094

Counsellors: Muani Tombing Tunglut
(M.Th in Pastoral Theology & Counselling, PG in Psychology)

Services: Mental Health + Spiritual Counselling

Fees: Not fixed

WE CARE

Address: Vengnuam, Hiangtam Lamka, Immanuel Building, 3rd Floor
Contact No: +91 9362806496
+91 7630986453

Counsellors: 1. Rev. Dr. Suanlian Tonsing, Phd, Oxford Uni.
Founder Chairman WECARE, Berlin, Germany
2. Chinghatzo
(M.Th in Pastoral Theology and Counselling. Trained in Clinical Psychological Counselling)
3. T. Vungmuanlal
(Pastoral Theology & Counselling, Clinical Pastoral Counselling)

Services:

- Counselling with Holistic approach
 - Medical (Medical Doctors available)
 - Psychological (Talk Therapies)
 - Spiritual
- Internship
- Training
- Awareness & Counselling Event

Fees: ₹300 - ₹900 per session

REBUILD & RESTORE

Address: LV Lane, New Lamka
Contact No: +91 8287508148

Counsellors: LB Muan
(M.Th in Counselling)

Services: Psychological Counselling

Fees: Not fixed

TEAM FIDEI DEFENSOR MINISTRY

Address: Grace Studio building, Top Floor, Tedim Road
Contact No: +91 8258057654
6009375915

Counsellors: Langchinthang
(M.Div)

Services: Spiritual + Psychological Counselling
Also organizes follow-up fellowships

Fees: Free

THANGKHANSIAM NAULAK

Qualifications: M.Th in Pastoral Counselling

Address: Rayburn College (Old & New Campus)
Contact No: +91 8714908669

Services: Spiritual + Emotional Counselling
Also provides freelance mental health support at ₹250 per hour

Fees: Free counselling at Rayburn College

NANGSONLIAN NGAIHTE

Qualifications:

- B.A. (H) Psychology, DU
- M.Th (Missiology)
- Diploma in Child Psychology

Address: Agape Avenue, Hill Town
Contact No: +91 9612883799 (India)
+977 981-5914842 (Nepal)

Services: Secular and Biblical Counselling

Fees: No Charge

JAMKHANLIAN

Qualifications: Addiction Counsellor

Address:

- Mission Veng, Hiangtam Lamka
- LRRC-Lametna Mun, Bungmual

Contact No: +91 8729902503

Services: Addiction Counselling

Fees: Not fixed



JOHN L. HAUZEL

Qualifications: M.Div

Address:

- Hiangtam Lamka
- LRRC-Lametna Mun, Bungmual

Contact No: +91 7005350854

Services: Christian + Addiction Counselling

Fees: Not fixed

CHIINSUANCHING @CHINGBOI

Qualifications: M.A. (Clinical psychology)
Post Graduate certificate course in Psychological Counselling, Vellore Basic Child & Adolescent Counselling, Bangalore

Address: BSF Road, Mualkoi, Gangpimual

Contact No: +91 9862066037

Services:

- Psychological Counselling
- Marital Counselling
- Depression and Anxiety
- Relationship problems, etc

NEMY TOMBING

Qualifications: M.A. Applied Clinical Psychology

Address: Hebron Veng, New Lamka
Contact No: +91 9741717532

Services: Individual Therapy & Couples Therapy

Fees: ₹500 per session

KH. NEKLIANSIAM

Qualifications:

- M.A. in Christian Counselling
- M.Th in Pastoral Care and Counselling

Address: Canaan, Headquater Veng
Contact No: +91 8974098876

Services:

- Christian Counselling
- Mental Health Support

Fees: Not Fixed

M. HAUSAWMLAL

Qualifications:

- Pro-Pastor at MELC
- M.Sc in Psychological Counselling

Address: Singngat
Contact No: +91 7085646012

Services: Individual Counselling and Group Counselling

Fees: Not fixed

MERCY TINGZOUHOIH

Qualification: M.Phil Clnical Psychology Trainee

Address: New Delhi
Contact No: +91 9082880294

Services: Psychotherapies for Stress, Anxiety, Personality Disorders, OCD, Trauma, Depression

Fees: ₹700 per session (1 hour)

LAMMUANSANG TOMBING

Qualifications:

- Counselling & Therapy Courses (Counsel India)
- International Studies & Advance Career Counselling Courses (Bodhami)
- Biblical & Psychological Counselling Training (Rebuild & Restore Counseling Centre) and other courses from Healthy Minds World, Udemy, Eduonix Learning Solution

Address: Hiangtam Lamka
Contact No: +91 8794970270
Services: Relationship and Career (Our Psychometric Assessments are well-researched, tested for quality and trusted by MNC's for Recruitment and Development)
Fees: ₹250 - ₹500 per hour

JAMKHENTHANG TOMBING

Qualifications:

- M.Sc (Psychology) Bangalore University
- Rehabilitation Council of India Registered practitioner
- P.G. Diploma in adolescents and youth, special education, mental retardation under RCI Tipaimukh Road, Hiangtam Lamka

Address: +91 8730991182
Contact No: +91 8730991182
Services:

- Career Guidance Counselling (Based on results of standardized Tests as per RCI Norms)
- Personality Tests & Personality Development Counselling based on results of standardized tests
- Emotional maturity tests followed by counselling based on results of standardized tests (Stress, Anxiety, Depression)
- *Assessment tests can also be done*
- Developing Academic performance

Fees: Assessment norms for schools and colleges Will differ on the services being utilised and materials being used for administering sessions

CHINGNGAIHLIAN TUNGLUT

Qualifications:

- B.A. (Hons) in Education
- Advanced Biblical Counselling (Level 2)
- M.A. (Psychology) - Ongoing

Address:

- Kamothe, Navi Mumbai
- Mualveng, Hiangtam Lamka (Next to Spiritual Church of India)

Contact No: +91 9892316430
+91 9366871300
Services: All types of counselling for all kinds of issues including Pre-marital counselling and Marriage counselling. Services can be availed in person or through phone/video call.
Fees: Mainly pro bono/free. Free-will donation also accepted with a condition i.e, depending on the source of income of the client.

SANGMUANCHING

Qualifications: M.Sc. Counselling Psychology
Career Guidance certified
Address: College Veng, New Lamka
Contact No: +91 8974477229
Services: Individual Counselling
Group Counselling
Career Guidance Counselling
Fees: ₹300 per session

EVAN. T. DAMKHOTHANG

Qualifications: M.Th
Address: College Veng, New Lamka
Contact No: +91 9862738447
Services: Spiritual Counselling (Salvation)
Fees: Not Fixed

CHINKHENGPAU

Qualifications: B.Th
Address: New Lane, Bungmual
Contact No: +91 8731863374
Services: Spiritual Counselling
Fee: No Fees

CHINGBIAKHOIH

Nest Consultant Counsellor
Address: Lailam Veng, Central Lamka
Contact No: +91 7005522433
Services: Mental Health Support
Fee: No Fees

DISCLAIMER

The Practitioners and their details in this Mental Health Practitioners Directory are collected and compiled by Nest in its best capacity.

Despite our best efforts, some practitioners may have been missed out in this edition. Inclusion of such will be made in future updates. Suggestions for such addition can be made at the contact details presented below.

CONTACT DETAILS

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 nestlamka@gmail.com
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